



Householders' Options to
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HOPE E-news Bulletin 2014 #1 --- 23 January 2014

The following items have been gathered from various e: newsletters received by HOPE in recent times; and/or prepared specifically by HOPE members and supporters. If you have any news to contribute, please forward to office@hopeaustralia.org.au.

Deadline for articles is 15th day of the month. If you would like to discuss news items displayed or have letters for the editor please contact [Kerry Kruger](mailto:Kerry.Kruger).

Hello

Happy New Year

I hope you are ready for 2014. The United Nations have designated 2014 as:

[2014 – International Year of Family Farming](#) ;

and [2014 - International Year of Small Island Developing States](#)

This newsletter contains the 2014 national calendar of environmental events. So keep it handy.

HOPE also has a busy program of events and activities planned for the year. See Office News section for full details.

There are some excellent tips and hints in this newsletter for those of you who want to use fewer chemicals around the home when cleaning. Welcome to our first newsletter for 2014. [Kerry Kruger](mailto:Kerry.Kruger)

Please support these upcoming events

FEBRUARY

25 [Business Clean Up Day](#)

28 [Schools Clean Up Day](#)

MARCH

2 [Clean Up Australia Day](#)

3-9 [Sea Week](#)

19 [Ride2School Day](#)

20 [Close the Gap Day](#)

21 [International Day of Forests](#)

21 [Harmony Day](#)

22 [World Water Day](#)

23 [World Meteorological Day](#)

29 [Earth Hour](#)

Date Claimers

Sustainable Living Festival

The annual Sustainable Living Festival kicks off again in February 2014, running from 8 to 23 February, with a large program of events across two weeks throughout Victoria. Whether you're a passionate advocate for environmental issues, casual green thumb, intermittent recycler or romantic designer, the Festival has something for everybody! The Festival's diverse program includes delightfully different perspectives bound to challenge, delight and inspire action. The Sustainable Living Festival aims to inspire everyday Australians to really consider the impact their lives have on the world around them – and how their individual actions can connect up to address the bigger sustainability challenges we all face today. Reflecting on the Festival's rich history, Festival Director Luke Taylors says the issue of sustainability is more important than ever. "Recent climate events continue to show the impact that our actions have on our environment. It's time for us to create a safe environment and a safe climate". The Festival is Australia's biggest and oldest sustainable living showcase of its kind and, in 2014, will celebrate its 15th year. www.slf.org.au

Green Cities 2014

Green Cities 2014, from **18-19 March** in Melbourne, will be the ultimate destination for discussion, demonstration and debate on how to go beyond - Beyond market challenges; Beyond green wash; and Beyond boundaries. Join us as we go beyond the baseline.

National Climate Adaptation Conference, 30 September - 2 October 2014 | Gold Coast

NCCARF in partnership with CSIRO will hold the climate change adaptation conference over three days at the Gold Coast Convention & Exhibition Centre, Queensland. www.nccarf.edu.au

Office News Report

Welcome to 2014!

HOPE has another busy year ahead with continued support for local, state-wide and national campaigns; as well as hosting a range of local (i.e. Toowoomba) initiatives.

Locally, we will continue with our **Kitchen Conversation 'morning teas'** on the 2nd Monday morning of the month, from February through to December, 10am at the HOPE office – 22 Vacy St, Toowoomba. All are welcome.

A new program of **Public Forums** will be held on the 2nd Monday evening of the month, 7.30pm at the Dr Price Rooms, Little St, Toowoomba.

Guest speaker for the 10 February meeting is Ms Stephanie Keays of the National Trust Qld – Toowoomba Branch. Stephanie's talk will cover "how heritage places contribute to a sustainable society.

Mr Clem Campbell of the United Nations Association of Australia (UNAA) Qld Branch is our speaker for the 10 March meeting.

To reserve your seat at either or both of these meetings, contact the office on 07 4639 2135 or office@hopeaustralia.org.au.

HOPE is also keen to have a regular monthly stall at the Toowoomba PCYC Sunday Market. A roster of volunteers is sought to make this activity happen. To offer your services, please contact the office on 07 4639 2135.

HOPE's major project for the year is our **Celebrating Our Environment Expo** (formerly Pathways to Sustainability Expo) being held on Wednesday 4 June at the University of Southern Queensland (USQ), West St. Toowoomba.

The expo will feature information displays, trade exhibits, demonstrations, workshops, competitions and a speakers program.

Please mark this event on your calendar.

In Queensland, HOPE is a member group of:

- Queensland Conservation Council (QCC) <http://qldconservation.org.au/> ;
- Queensland Water and Land Carers (QWaLC) <http://www.qwalc.org.au/> ;
- Qld Protect the Bush Alliance <http://ptba.org.au/> ; and
- Friends of SEQ <http://www.envirobusiness.org/public/page.php?pageId=9>

Nationally, HOPE is either a member group of, signatory to, or supporter of:

- Make Poverty History (MPH) <http://www.makepovertyhistory.com.au/> ;
- Container Deposit Scheme – Boomerang Alliance <http://www.boomerangalliance.org.au/> ;
- Lock the Gate Alliance (LtGA) <http://www.lockthegate.org.au/> ;
- Protect the Laws that Protect the Places You Love (PYL) <http://placesyoulove.org/> ; and
- Transitions Towns <http://www.transitionnetwork.org/>

Internationally, HOPE is a signatory to:

- International Campaign Against Nuclear Weapons (iCANw), <http://www.icanw.org/> ; and
- The Earth Charter Initiative <http://www.earthcharterinaction.org/content/> .

In closing, if you feel that HOPE should also support other state-wide, national and/or international groups, campaigns or initiatives, then please send us your request for consideration.

*Frank Ondrus, Office Manager – HOPE Inc.,
ph 07 4639 2135, office@hopeaustralia.org.au*

Office Hours

HOPE's office is open every Monday from 9am to 5pm; with the library resources available at the same time. Other times can be arranged through the office.

Phone the office on 07 4639 2135 to signal your interest in coming along for a chat or to access the library.

Bouquets & Brickbats

Congratulations to NSW EPA on the recent release of its "Waste Less, Recycle More" strategy. The authority aims to divert 75% of waste from landfill by 2021-22.

Let's hope that states like Queensland and Western Australia follow suit.

Congratulations to QLD DEPH on the release of its "Litter and Illegal Dumping Action Plan (Oct 2013). A copy of the document can be downloaded at

<http://www.ehp.qld.gov.au/waste/pdf/qld-litter-illegal-dump-action-plan.pdf> .

Feature Article

The Self-Sufficiency Shoppe website promotes the benefits of self-sufficiency by encouraging people to be more self-reliant and resourceful. This means becoming less dependent upon mass production and commercialism, which creates a healthy, natural lifestyle that is more affordable.

The Self-Sufficiency Shoppe encourages environmental awareness in day-to-day living. On their website there are 80 e-books that can be downloaded for a small fee, which are filled with natural recipes to create environmentally friendly items such as creams, dyes, foods, soaps, candles and deodorants. There are also a number of innovative ideas for recycling various household items.

Many handy tips can be found on the website, offering alternative uses for typical household products. For example:

White Vinegar – can be used for cleaning, disinfecting, deodorising, as an anti-bacterial agent, and insect repellent.

Bicarbonate Soda – can be used as an abrasive cleaner, deodoriser, whitener, stain removal, teeth cleaner.

Pure bar soap – can be used for household cleaning, garden spray insect repellent, deodorant.

Oatmeal – can be used as a mild abrasive cleaner, skin cleanser, hair-care, soap alternative.

Rice-flour – can be used as deodorant and a talcum powder.

Eucalyptus Oil – can be used for stain removal, deodorising, disinfecting, cleaning, and insect repellent.

Egg can be used as shampoo and lemon can lightly bleach hair!

Here is a recipe for a good old fashioned **Oatmeal-Honey Facial Scrub**:

Ingredients:

Oatmeal
Honey
Lemon juice

Directions:

Blend 4 teaspoons oatmeal, 1 tablespoon clear honey and juice of one lemon (or water for sensitive skin).

Apply to the face, massaging in gentle circular motions for approximately 3-5 minutes.
Rinse off.

For more information about any of these natural alternatives, download the full e-book on the Self-Sufficiency Shoppe website: <http://theshoppe.com.au>.

Earth Link is a community which envisions a world where there is respect, reverence and care for the whole Earth community. We believe that the heart of this lies in deepening our bond with Earth.

You can be part of this community-

- as a member (see link on [website](#))
- by initiating or attending an [Earth Link event](#)
- by receiving our monthly e newsletter (see link on [website](#))
- by availing of our [resources](#) or
- by contributing to the [online forum](#).

Earth Link is endorsed by the Sisters of Mercy; and open to all who share our concern for the whole Earth community.

Volunteers needed

More active volunteers – both local and remote (i.e. online) – are required to help us maintain our high levels of activity. Volunteers are needed to help with projects, events and display activities, as well as general admin duties and media/publications work. We invite members and supporters to step up and volunteer some of your time and talents to help share the workload!). Current vacancies include Facebook Administrator, Media Officer and Membership Officer.

Please contact the office on 07 4639 2135 or email office@hopeaustralia.org.au to offer your assistance.

A fair portion of the above work would ideally be done by locals (i.e. in the Toowoomba area) because the HOPE office is in Toowoomba. However, quite a bit of the literature review, research, media and publications activity can be done via email. If you have a little bit of time to help us in any way, then contact the HOPE office on email office@hopeaustralia.org.au or phone (07) 4639 2135.

Toowoomba News

FELTON FOOD FESTIVAL, 27 APR 2014 Can you help?

Since the inaugural event in 2012, the festival has exceeded all expectations and has become a major regional drawcard. It has helped to build the reputation of Felton as an important food producing area with a friendly enthusiastic community, and we should all be proud of it.

This year's event is sure to be another fantastic day, and will be bigger and better than ever. There have been a large number of enquiries already from far and wide, and we expect the attendance to exceed last year's figure of 5000.

Our team of volunteers is the key to the success of the festival, but its rapid growth has been quite demanding on those involved, and we urgently need more people to put their hands up to spread the load. Can you help? We would only need you to volunteer for 1-2 hrs, which would then enable you to free up the rest of your day to enjoy the festival.

Please contact Allison on 4695 9006 or Sally on 0409 710 890, 4691 0195 or email feltonfoodfestival@gmail.com.

HABITAT INVESTIGATION ROADSHOW

Thanks to funding from the Gambling Community Committee, the Queensland Murray-Darling Committee (QMDC), Amaroo Environmental Education Centre and the University of Southern Queensland are hitting the road in March 2014! They are hitching up a fully equipped Science Van and taking their Habitat Investigation field day program to Mitchell, Roma, St. George, Goondiwindi and Dalby. Students will be able to conduct field studies with either a catchment or biodiversity focus and teachers in the area will be able to attend a free professional development session. The program is offered in the Toowoomba region each year but the staff thought it would be great to head out and investigate some habitats west of the range. Keep an eye out on the QMDC Facebook (<https://www.facebook.com/qmdc.nrm>) page to hear all about their travels.

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

Margaret Mead

More Date Claimers

BUSINESS CLEAN UP DAY

– 25 FEB 2014

25/02/2014, Australia. Put yourself into the picture for 2014 by registering your Business Clean Up site - registrations for [2014 Business Clean Up Day](#) are now open. Business Clean Up sites can vary greatly; some businesses use the day to Clean Up a local area, park, beach or creek whereas others use it to Clean Up their own office space or kick start environmental programs.

SCHOOLS CLEAN UP DAY

– 28 FEB 2014

28/02/2014, Australia. Since 1992, school communities across Australia have demonstrated their support for caring for the environment through participating in [Schools Clean Up Day](#). Registrations for 2014 are now open.

CLEAN UP AUSTRALIA DAY

– 2 MAR 2014

02/03/2014, Australia. [Clean Up Australia Day](#) is a simple way you can take action to clean up, fix up and conserve the prized Australian environment. In 2013 an estimated 550,300 volunteers removed 16,150 tonnes of rubbish at 7,341 sites right across the country - but we can do better in 2014! Get involved by registering your own Clean Up Site or by volunteering at a site near you.

Queensland News

Regions identify litter as a common issue of waste

Litter and lots of it was identified as an issue of equal concern for communities across Southern Queensland at the recent inaugural meeting of the Regional Waste Committee.

Gathering in Dalby, the committee is made up of councils in the Queensland Murray-Darling Basin including the Toowoomba Regional, Western Downs, Southern Downs Regional, Goondiwindi, Balonne and

Maranoa



The committee is a QMDC initiative and we've spent the past 12

months encouraging councils to examine waste from a regional perspective.

QMDC NRM Regional Development Coordinator Cameron O'Neil said QMDC had identified an opportunity for councils to work together after holding discussions with each about how they could optimise resource recovery and recycling around the region.

"Councils want to address the issue but it's been seen as too hard due to transport costs and the sheer quantity of waste," he said.

Mr O'Neil said QMDC took a proposal to form a regional working group to address future waste management to the Darling Downs and Surat Basin Council of Mayors meeting earlier this year where it was agreed waste was an issue all councils needed to address.

"From that meeting came a resolution to form a working waste committee made up of the chairs of each council's environment and waste portfolios," Mr O'Neil said.

"It seems over the past five years urban and roadside litter has increased in magnitude with an influx of industry and more people generally travelling into and through the region. The committee is now looking at how we can be part of a broad scale litter education program across the region for visitors, transient workers and residents alike.

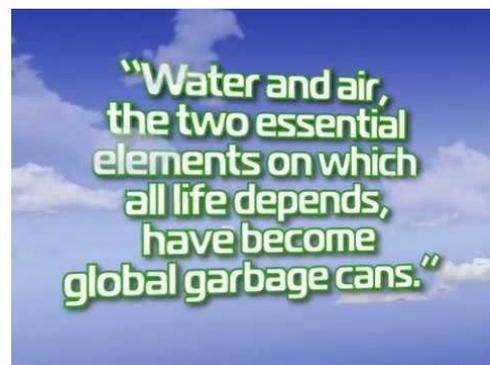
He said QMDC's focus on waste was driven by the Regional Natural Resource Management Plan through which the community had identified waste as being an issue of environmental concern.

"There are issues that aren't going to be solved easily in the short term such as the fact it's called 'waste' instead of 'resource' and that glass, tyres and e-waste can be recycled but it's an expensive process due to distances and smaller populations.

"The councils are at different stages in terms of addressing waste but they are optimistic that looking at it from a regional perspective we can work toward more sustainable outcomes for communities and the environment," he said.

The Regional Waste Committee will now meet on a quarterly basis over the next two years.

Pictured above at the inaugural Regional Waste Committee Meeting are Cameron O'Neil (QMDC), Cr Jan Chambers (Maranoa Regional Council), Cr John Gouldson (Toowoomba Regional Council), Cr Rod Avery (Balonne Shire Council), Geoff Penton (QMDC CEO), Cr Rob Mackenzie (Goondiwindi Regional Council) and Cr Greg Olm (Western Downs Regional Council).



National News

2014 Calendar of environmental events

(Sourced from Department of Sustainability, Environment, Water, Population and Communities, Jan 2014)

[2014 – International Year of Family Farming](#)
[2014 - International Year of Small Island Developing States](#)

JANUARY

5 [National Bird Day](#)

FEBRUARY

2 [World Wetlands Day](#)
25 [Business Clean Up Day](#)
28 [Schools Clean Up Day](#)

MARCH

2 [Clean Up Australia Day](#)
3-9 [Sea Week](#)
8 [International Women's Day](#)
9-15 [National Ground Water Awareness Week](#)
19 [Ride2School Day](#)
20 [Close the Gap Day](#)
21 [International Day of Forests](#)
21 [Harmony Day](#)
22 [World Water Day](#)
23 [World Meteorological Day](#)
29 [Earth Hour](#)

APRIL

6-13 [National Volunteer Week](#)
12-20 [Australian Heritage Week](#)
18 [International Day on Monuments and Sites](#)
22 [International Day for Biological Diversity](#)
22 [International Mother Earth Day](#)
23 [Walk Safely to School Day](#)
26 [National Sorry Day](#)
29-1May [OZ Water' 14](#)

MAY

10-11 [World Migratory Bird Day](#)
22 [International Day for Biological Diversity](#)
23 [World Turtle Day](#)
27-3Jun [National Reconciliation Week](#)

JUNE

5 [World Environment Day](#)
8 [World Oceans Day](#)
17 [World Day to Combat Desertification and Drought](#)

JULY

6-13 [NAIDOC Week](#)
11 [World Population Day](#)
25 [Schools Tree Day](#)
27 [National Tree Day](#)

AUGUST

9 [International Day for World Indigenous Peoples](#)
12 [International Youth Day](#)
16-24 [National Science Week](#)
19 [World Humanitarian Day](#)
19-25 [Keep Australia Beautiful Week](#)

SEPTEMBER

1-30 [National Biodiversity Month](#)
1 [National Wattle Day](#)
7 [National Threatened Species Day](#)
8 [Sustainable House Day](#)
14 [National Bilby Day](#)
16 [International Day for the Preservation of the Ozone Layer](#)
20 [World Parks Day](#)
22 [World Car-Free Day](#)
26 [World Maritime Day](#)

OCTOBER

4 [World Animal Day](#)
4-10 [World Space Week](#)
6 [World Habitat Day](#)
13 [International Day for Disaster Reduction](#)
16 [National Ride 2 Work Day](#)
17 [International Day for the Eradication of Poverty](#)
20-26 [National Water Week](#)
24 [United Nations Day](#)
27 [World Day for Audiovisual Heritage](#)

NOVEMBER

6 [International Day for Preventing the Exploitation of the Environment in War and Armed Conflict](#)
7 [National Walk to Work Day](#)
10-16 [National Recycling Week](#)
21 [World Fisheries Day](#)

DECEMBER

3 [International Day of People with Disability](#)
5 [International Volunteer Day](#)
10 [Human Rights Day](#)
11 [International Mountain Day](#)

For more information on these and other events call toll free 1800 803 772

More National News items

CONTINENTAL-SCALE GOVERNANCE FAILURE WILL HASTEN LOSS OF AUSTRALIA'S BIODIVERSITY

A newly published article in *Conservation Biology*, [Continental-Scale Governance Failure Will Hasten Loss of Australia's Biodiversity](#), expresses concern about the recent spate of substantial policy, legislative and management changes being made by three of six Australian state governments for exploitative uses of national parks — actions that could affect much of Australia and have significant negative effects on biodiversity.

CARRYING CAPACITY DASHBOARD

As we begin to address global challenges such as climate change, peak oil and over-population it is becoming apparent that we must re-orientate our society towards lower energy availability. This means that in the future, we will need to live in a world where our resources are produced and accounted for much closer to home. We will need to begin to live within the long term carrying capacity of our landscapes. A prototype [Carrying Capacity Dashboard](#) has been developed to estimate the productive capacity of the Australian landscape at various scales: national, state and regional.



World News

No scientific consensus on GM safety

The European Network of Scientists for Social and Environmental Responsibility (ENSSER) has published a statement challenging GM industry claims that there is a consensus on the safety of GM food. 297 scientific and medical experts from all over the world have so far signed the statement which can be read and downloaded [here](#):

<http://www.ensser.org/increasing-public-information/no-scientific-consensus-on-gmo-safety/>

The statement begins: "As scientists, physicians, academics, and experts from disciplines relevant to the scientific, legal, and social and safety assessment aspects of genetically modified organisms (GMOs), we strongly reject claims by GM seed developers and some scientists, commentators, and journalists that there is a "scientific consensus" on GMO safety and that the debate on this topic is "over"." Comments on the statement [here](#):

<http://www.earthopensource.org/index.php/news/150>

Report Calls for an Abrupt Change Early Warning System

Abrupt climate changes and impacts, such as disappearance of late-summer Arctic sea ice and an increase in extinction pressure on many species, are already under way. Even gradual changes that happen over many decades or centuries can trigger abrupt changes in ecological or human systems once a tipping point is reached. These are the findings of *Abrupt Impacts of Climate Change: Anticipating Surprises* a new National Research Council report released on December 3, 2013. It is therefore critical to develop an early warning system that could help society better anticipate these changes. Further research and enhanced monitoring may allow time for adaptation or possibly mitigation. The report and all the materials related to it, including a slideshow, 4-page brief, and the webcast of the December 3 public briefing, are available on the [Climate Change at the National Academies](#) website. The report received widespread media coverage and has already been cited in congressional testimony. Attendees at the American Geophysical Union (AGU) conference in San Francisco last week heard from the report's authors at a special session, which was attended by California Governor, Jerry Brown. Senator Olympia Snowe also highlighted the report in her AGU Presidential Forum address.

Top ten environment research publications 2013

The ten most popular research publications from Policy Online's Environment section published in 2013, based on the number of page visits.

<http://apo.org.au/research/top-ten-environment-research-publications-2013>

Environmental Degradation Leads to Public Health Crisis

A "systematic and comprehensive" approach is needed to understand the impact of human behavior on the world's public health, according to a new report. Written by the Heal (Health & Ecosystems Analysis of Linkages) consortium, the study highlights multiple examples of the impact on human health from environmental degradation, including sickness, death and even childhood reductions in IQ. <http://www.enn.com/pollution/article/46878>

State of the World 2013 Update Transforming Cultures to Reduce Consumption

If all humans consumed as much food and resources as people in the United States do, the Earth could sustain only about a quarter of the current population. Humanity as a whole is becoming more wasteful as people across the globe define themselves and their successes by what they own and what they consume. In *State of the World 2013: Is Sustainability Still Possible?*, contributing authors discuss ways that we can move away from the consumer culture that is undermining the planet we live and depend on.

Read: [Transforming Cultures to Reduce Consumption](#)

[The real cost of pesticides in Australia's food boom](#)

More than \$17 billion worth of crops grown in Australia annually is attributed to agricultural pesticides. That's a staggering 68 per cent of the \$26 billion industry, according to a recent Deloitte report commissioned by CropLife Australia. So should we all pat ourselves on the back and eat up?

(Nancy Schellhorn, Anna Renwick and Sarina Macfadyen, 17-December-2013)



Great online resources

2014 New Year's Resolution: Use fewer Chemicals.

It's time to get down to the real business of change: for the planet, for ourselves and for the hip pocket simply by using fewer chemicals in the home.

Why? It's better for you, the environment and saves money.

How? By buying just one less consumer product for the home is one big step toward the right way to the future.

Here's my top ten easiest ways to replace consumer products with simple, practical and safe alternatives:

10 Easiest Chemical Free Things to Do

1. Clean with bicarb soda – a simple paste of bicarb soda and water applied to sponge or cloth will clean bench-tops, tiles, stove-top, bath, sink, inside fridge and much more and replace a range of commercial cleaners.
2. Wash floors with boiling water and a mop! Boiling hot water (from the kettle) cleans just as well as moderately hot water (from the hot water tap) and chemically laced floor cleaners.
3. Use vinegar in place of commercial disinfectants. It works just as well without the cost and chemicals. To enhance the odour add a few drops eucalyptus oil.
4. Bath or shower with soap - a simple bar of soap – in place of shower gels and body washes (which are chemically based detergents).
5. Use oatmeal (mixed with water) as a facial cleanser in place of chemically based skin cleansers or wipes. (Oatmeal is wonderful natural skin cleanser – very gentle and leaves skin soft and smooth).
6. Wash clothes without detergents. Most modern washing machines have sufficient action to clean with-out the use of harsh cleaners – particularly so for everyday wear (as opposed to work clothes). If you feel you must use something to clean try washing soda (water softener from the supermarket).

7. Use vinegar and olive oil (1/2 quantity of each) in place of commercial polish (i.e. Mr Sheen) to clean and polish surfaces. This is suited to wooden surfaces, leather/vinyl furniture, shoes, hand-bags, belts. Simply apply to soft cloth and wipe the surface.

8. Use a good old fashioned fly swat in place of toxic aerosol insect sprays – particularly if it's just one troublesome fly!

9. Use fresh flowers or pot plant as a room deodoriser in place of chemically enhanced air-fresheners – such as aerosol sprays or plug-ins. Or try temporarily burning a candle – a lighted candle absorbs unwanted odours. It's much cheaper and less toxic than the commercial option.

10. Last – but not least – you'll need something refreshingly chemical free after all that hard work. Try some homemade lemon cordial – with no added chemicals or colours: Dissolve 2 cups sugar in 2 cups boiling water. Add juice of 6 lemons and grated rind of 3 lemons. (Dilute one part cordial to 10 parts icy water. Note: For sugar free option simply squeeze fresh lemon juice into a glass of icy water.

By practising just one of the above – it's a great start to 2014 and beyond! Good Luck!

You'll find more ideas on my website: www.theshoppe.com.au

Pam Marshall - The Self-Sufficiency Shoppe

For more information on the available e-booklets [see here](#). These booklets offer more specific information about chemical free options. For example:

E-book No. 23 – Green Cleaning: Alternatives to commercial cleaning products using four basic ingredients: bicarb soda, vinegar, eucalyptus oil and pure soap. Covers an array of common commercial products and lists what can be used 'instead of'. 22 pages \$12.00 [Download Information](#)

E-book No. 30 – Natural Skin Care: Complete skin care regime using 5 basic ingredients: oatmeal, vinegar/lemon, herbs, almond oil and beeswax/honey – cleansers, scrubs, masks, astringents, toners and moisturiser. 25 pages \$12.00 [Download Information](#)

e-book No. 9 – Amazing Bicarb – 70 Uses for Bicarb Soda – Practical, money-saving guide to the multitude of uses for bicarb soda – from

deodorising, whitening, cleaning, scrubbing – whether it be household, personal or in the garden. You'll be surprised and save heaps on commercial products. 17 pages \$8.00 [Download Information](#)

Routledge, Taylor & Francis Group - <http://www.routledge.com/sustainability/>

Welcome to Routledge **Environment and Sustainability** – your portal to Earthscan, the world's leading publisher on sustainability and environmental technologies, and other sustainability-focused resources from across the Taylor & Francis Group. We're excited to be talking to our parent company Informa about sustainability-focused events. Stay tuned for more on this soon!

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